

PRACTICALLY DYING

www.practically-dying.com

ADVANCE CARE PLANNING FOR CAREFUL PEOPLE

We hope to live our whole lives making choices that reflect our deepest values. And yet, we are often unprepared for the most precious, vulnerable time of life –the final chapters. The decisions and plans we can make now will shape our ability to face our mortality with gratitude and peace. Taking steps to prepare is a gift to those who love you, helps avoid medical emergencies and creates powerful legacies for those you leave behind.

This interactive workshop provides a comprehensive overview of:

- W**hen and how life-changing decisions could arise
- H**ow to make wise, informed choices that define you
- H**ow to build a team of advocates to protect you if you can't speak for yourself.

A follow-up consultation is included to help with your completion of documentation.

SATURDAY, OCTOBER 27

\$200 for first person

\$140 for each additional friend or family member

Olinger Crown Hill Mortuary

7777 West 29th Avenue, Wheatridge, CO

Sign up at Practically-Dying.com
on the Events Page

Kim Mooney, Thanatologist, End-of-Life Educator and Consultant, has worked in the end-of-life field for over 26 years with hospice and independently, most recently receiving the international Association for Death Education & Counseling's 2018 Community Educator Award. She is the Founder of Practically Dying, an educational and support organization whose mission is to help us remember how to engage birth, life and death as opportunities to live without hesitation and die without regret.



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