Lunch and Learn Agenda

Session 2 :: May 17, 2019

Welcome

- Housekeeping
- Logistics

Centering meditation

Round table check-in

Review and Discussion

- Review of assignment and reading
- Tools, resources and strategies

Educational

- Overall trends in evolution of research, theory and practice
- Stage Theories
- Coping Theories
- Process Theories

Group interaction

Closing

Prep for next session